



RESEARCH PAPER

Nutritional composition of products developed from banana blossom

■ MIDHILA MAHENDRAN* AND C. NIRMALA

Department of Home Science, College of Agriculture, Vellayani, TRIVANDRUM (KERALA) INDIA (Email : midhila90@gmail.com)

*Author for Correspondence

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SUMMARY :

The banana blossom of three varieties viz., Nendran, Rasakadali and Palayankodan were selected for the study. Freshly harvested blossoms were collected, washed, bracts removed, a chopped finely and pre-treated using citric acid solution. Three products viz., dried slices, flour and RTC product were developed using pre-treated banana blossom. The nutrients including energy, protein, sodium, potassium, calcium and iron were analysed and found that banana blossom has high nutritional significance.

KEY WORDS : Nendran, Nutritional quality, Product development

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